

From Oprah's site:

**Official Statement from the FDA on Bioidentical Hormones**

The FDA respects a healthcare provider's decision that his or her patient should receive a pharmacy-compounded hormone replacement drug, but the FDA also wants to assure that women and their healthcare providers understand the risks and benefits of those drugs. The FDA has seen claims that compounded bioidentical hormone drugs avoid the risks of FDA-approved treatments for the symptoms of menopause, and that these drugs can prevent or reduce the risk of serious illnesses such as heart disease, stroke and breast cancer. *The FDA knows of no credible scientific evidence supporting these claims.*

Some bioidentical hormone replacement drugs contain an ingredient called estriol. The safety and effectiveness of estriol has not been credibly proven and the FDA does not condone estriol use for compounding without an FDA-sanctioned investigational drug application.

Many medical and patient-protection groups—including the American College of Obstetricians and Gynecologists, the American Medical Women's Association, the American Society for Reproductive Medicine, the Association of Reproductive Health Professionals, and the Black Women's Health Imperative—have publicly supported the FDA's management of compounded bioidentical hormone drugs.

***Comments from Dr. Dale:***

You are taking a risk with your life and health by experimenting with Bio-identical or any HRT.

Its best to do saliva test, and use homeopathic hormone rejuvenation, diet and nutrition to achieve hormonal balance.

Hormone imbalance can be caused by stress, genetics, hysterectomy, lifestyle, diet, emotional issues, and viruses, parasite overload that is a stressor on the body.

I have personally analyzed 13,000 before and after saliva tests that clearly show the high toxicity levels of bio-identical and all other types of HRT. Replacing your hormones causes your body to further shut down its ability to produce hormones, therefore, aging the body and inhibiting its innate ability to produce a natural circadian rhythm and healthy amounts of hormones. Reduce your biological age, and you heal your body and balance your hormones.

Please review the helpful tools in my newest book "Revitalize Your Hormones".

Please take care to continue your education about hormones in the most natural direction. Your life may depend on it!