

Allergies and Phenolics

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The underlying causes of allergies, sensitivities and intolerances are most likely the phenolics that are actually a natural part of any plant.

Dr. Theresa Dale has formulated safe, non-toxic homeopathic phenolic formulas, specific to the “classifications of allergies” in this article. These four revolutionary formulas combine multiple plant and food phenols to produce a broad spectrum affect on any type of allergen.

Are Plant Phenols the Cause of All Allergies?

Dr. Robert Gardner, Ph.D. (professor of Animal Science at Brigham Young University and generally considered the father of modern phenolics) as well as other researchers, found that phenolic compounds, that occur naturally in plants, animals, and humans as well as in man-made chemicals, are involved in many chronic health problems.

Most phenolics are aromatic, meaning that they have a Benzene ring in their chemical structure. Phenolics give the flavor, color and/or odor to foods, environmental substances and man-made chemicals.

The use of homeopathic preparations of phenolic compounds to desensitize individuals not only decreases or eliminates reactions to them, they also have a longer effect. Phenolics were first used for desensitizing individuals with food allergies and allergies to elements in the environment (ie, seasonal allergies, dust, molds, perfumes, etc).

Phenolics are present in many foods, therefore, people suffering from food sensitivities or intolerances may only partially improve when they just use the elimination diets and/or rotation diets. Therefore, homeopathic phenolic desensitization is used to assist individuals with multiple food sensitivities or intolerances. Also, as phenolic compounds are found in proteins / amino acids that degrade to form such substances as histamine, serotonin, tyramine and dopamine, desensitizing the individuals to the offending phenolic can resolve health problems related to imbalances in the individual's hormones and neurotransmitters.

Therapy for these types of health problems does not involve increasing or decreasing the amounts of hormones or neurotransmitters naturally present in the body. Homeopathic desensitization reduces sensitivity to these substances by neutralizing the body's immune reaction to the substance that is causing the sensitivities. It does not involve increasing or decreasing the amounts of hormones or neurotransmitters naturally present in the body.

Desensitization to phenolic compounds has been helpful in treating many conditions and symptoms, including the following.

- * Acne
- * ADD
- * ADHD
- * Allergic rhinitis
- * Allergies
- * Arthritis
- * Asthma
- * Bed-wetting
- * Bladder infections
- * Bloating
- * Bruising
- * Chronic anxiety

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| * Chronic depression | * Headaches | * Migraines |
| * Chronic fatigue | * Heart irregularities | * Musculoskeletal pain |
| * Chronic hives | * Hemorrhoids | * OCD |
| * Chronic obesity | * High blood pressure | * Poor memory retention |
| * Chronic sinusitis | * Hyperactivity | * Premenstrual problems |
| * Colitis | * Hypersensitivities | * Seasonal activities |
| * Collagen diseases | * Irritable bowel syndrome (IBS) | * Sleep irregularities |
| * Constipation | * Intolerances | * Sugar cravings, |
| * Diarrhea | * Irritability | * Varicose veins |
| * Digestive upsets | * Learning disorders | * Vertigo |
| * Eczema | * Menstrual problems | |
| * Gallbladder disease | | |
| * Hay fever | | |

Categories of Allergic Sensitivities

Classifications of patients' symptoms are described below.

Food Allergies: Patients who predominantly have food allergies. Symptoms: no seasonal symptoms, only varying symptoms when they eat a food that their body is sensitive to.

Seasonal Pollen Allergies: Patients who have only seasonal pollen allergies but the rest of the year feel reasonably well. Symptoms: sniffing, sneezing, coughing, asthma, sinus and wheezing.

Chemical Sensitivities: Patients who have chemical sensitivities. Symptoms: varying symptoms from exposure to perfume, gasoline, fabric softener, MSG or other preservatives, chemicals in food, tobacco smoke and other chemicals, however, do not have symptoms from pollens or foods.

Combination: Patients with a combination of pollen, food and chemical allergies, sensitivities and intolerances. Symptoms: there are infinite numbers of symptoms and combinations, varying in severity from person to person.

Universal Reactors: Patients are described as ecologically/environmentally ill or sensitive. Symptoms: often have other health problems combined with their severe allergies and sensitivities to pollen, food and chemicals.

The answer to helping allergies is to determine the source of the allergen and then choose a homeopathic treatment method. If you have questions or would like more information about allergy treatment, health providers are welcome to call 866.962.6484, Ext 4